Mille Lacs Lake Watershed Management Group

Healthy Land, Healthy Lake

Topic of the Month

Salt-Tolerant Trees, Shrubs, Perennials, and Herbaceous Grasses

By Bethany Chaplin, MN GreenCorps Member Serving with Crow Wing Soil & Water Conservation District

Salt use during winter months:

Around 400,000 tons of road salt are applied each year in Minnesota. This can cause serious problems for vegetation. Salt injury is common with vegetation adjacent to highways, streets, sidewalks, and driveways.



Image via What Happens to All the Road Salt in Milwaukee?



Images via
Top: Road Salt Alternatives: What They Are & Why We Need Them
Bottom Left: 5 Simple Tips for Avoiding Winter Damage to Your Lawr
Bottom Right: Salt Damage in Landscape Plants

How Salt Damages Plants:

- Scorched foliage
- Browning or discoloration of needles beginning at tips²
- Early leaf drop or premature fall²
- Twig and stem dieback²
- Reduced or distorted leaf or stem growth²
- Witches' broom development²
- Increase of water stress (salt dehydrates the soil by attracting moisture)
- Increase in soil toxicity makes it unhabitable for vegetation
- Nutrient deficiencies

¹Estimating annual chloride use in Minnesota Estimating annual chloride use in Minnesota

²The Impact of Salts on Plants and How to Reduce Plant Injury from Winter Salt Applications Landscape: The Impact of Salts on Plants and How to Reduce Plant Injury from Winter Salt Applications

Preventing Salt Damage

- Reduce salt use
- Target applications on walkways and roadways avoiding landscape beds or lawns
- Avoid planting in areas where runoff naturally flows
- Leach soils by watering heavily
- Protect plants with physical barriers such as burlap, plastic, or wood, or snow fencing



Plant salt-tolerant trees, perennials, shrubs, and herbaceous grasses:

- * Salt-tolerant does not mean injury free.
- * Species are all native to Minnesota

Trees

- Northern Red Oak⁴ (*Ouercus rubra*)
- Quaking Aspen⁷ (*Populus tremuloides*)
- White Spruce⁷ (*Picea glauca*)
- Paper Birch² (*Betula papyrifera*)



Image via DNR - Paper Birch

Shrubs

- False Indigo (*Amorpha fruticose*)
- Staghorn Sumac² (*Rhus typhina*)
- Black Chokecherry⁵ (Aronia melanocarpa)
- Common Juniper² (Juniperus communis)



Image via Common Juniper: Identification, Leaves, Bark & Habitat

Perennials

- Butterfly Weed⁶ (Asclepias tuberosa)
- Alpine Yarrow⁶ (*Achillea alpine*)
- New England Aster⁶ (Symphyotrichum novae-angliae)
- Spotted Joe Pye Weed⁶ (*Eutrochium maculatum*)



Image via How to Grow New England Asters and Care for Them

Herbaceous Grass

- Nuttall's Alkaligrass³ (*Puccinellia nuttalliana*)
- Blue Grama³ (Bouteloua gracilis)
- Little Bluestem³ (Schizachyrium scoparium)
- Slender Wheatgrass³ (*Elymus trachycaulus*)



Image via Standing Ovation Little Bluestem

³ Salt Tolerant Plants Minnesota plant lists - Minnesota Stormwater Manual
⁴ Protecting Trees and Shrubs in Winter <u>Protecting trees and shrubs in winter</u>
⁵ Selecting Shrubs for Your Home <u>Selecting Shrubs for Your Home - Sort by Tolerance</u>
⁶ Minimize Deicer Damage with Salt Tolerant Plants Minimize Deicer Damage with Salt Tolerant Plants
⁷ Salt Damage in Landscape Plants <u>Salt Damage in Landscape Plants</u>